

Sε wope yεbehwε sε wɔwɔ HIV. New York aban mmra mu no, εwɔ sε wokenkan saa nkrataa yi te asee ansa na yεahwε sε wɔwɔ HIV. Wokenkan wie a, twere wo din wɔasee hɔ.

εkwan a yεfa so hwe sε wɔwɔ HIV

Nipa a obεyεε wonhwehwε mu no bekyerekyere wo εkwan ahodoɔ a yεfa so hwehwε sε wɔwɔ HIV a. εkwan baako a ayaresabea pii fa so ne sε ɔbehwehwε wo mogya mu ahwe sε wo wɔ HIV antibody** a. Nnoɔma bi nso εne ntasuo anaa dwonsɔ.

Nnoɔma yεhu wɔnhwehwε mu no ho εne deε aseε kyεrε.

- Sε wodwen sε woaye biribi a ama woanya HIV nnansa yi ara, twen bosome mmiensa ansa na woaye saa nhwehwε mu yi efiri sε εkyε kakra ansa na HIV ada ne ho adi wɔwo mogya mu. Sε woyε nhwehwε mu yi na yεanhу *antibody* no bi a, εkyere se wonni HIV εwɔwo mogya mu
- Sε yεhu antibody a, εkyerεε wo wɔ HIV nobi na wobetumi de asae obi foforɔ.
- εtɔda nso a nhwehwε mu no εnkyere sε wɔwɔbi a anaa wonni bi. εba saa a deε ɔreyε nhwehwε mu no bεbisa wo sε wope sε yenynε wo bio a.

Yεbetumi aye saa nhwehwε mu yi aberε a obiara nhunu

- Sε wope a yede nhwehwε mu yi bekɔw'ayaresabea nkrataa so, deε yεbehia wɔwo hɔ yεwo din. Sε εkɔwoayaresabea nkrataa so a, εbetumi aboa ama wo yaresafoo ahwe wo yie.
- Sε wompe sε obiara hu sε woaye saa nhwehwε mu yi bi nso, wotumi kɔye wɔbaabi a obiara nnim. Yεnfa wo din anaa baabi a wote nkɔkrataa biara so.
- Wokɔyεnhwehwε mu yi w baabi a obiara nnim no na yεhunu sε wɔwɔyadeε no bi a, wobetumi asesa w'adwene amma yede akɔwo ayaresabea nkrataa so.

Mfasoɔ a εwɔnhwehwε mu yi ho

Mfasoɔpii wɔmu ma wo se wobεye saa nhwehwε mu yi na woahu sε wɔwɔ HIV

- Sε yεhu sε wonni yadeε no bi a nnipa ɔreyε wo nhwehwε mu no betumi akyere wo kwan a wobefaso abɔwo ho ban se εbεye a wonnya bi daakye bi.
- Sε mmρo wɔwɔyadeε no bi a, εkwan pii wɔ hɔ awobetumi afa so ako yadeε no. eno ntí na εhia se wobe hwehwε mu no.
- Nnoɔmate se wo aduane, wose see woda, sε deε wogye woahome, wotenetene wo mpɔm, wogyaε nsa ne cigrate nnom na wotaa kohu wo yaresafoo betumi aboa wo amma woatena ahoodenmu.
- Nipa a ɔbεye nhwehwε mu no betumi akyere wo kwan a wobεbɔwo ho ban se εbεye a womfa nsae obi foforɔ.

Woyε ɔbaa na wɔwɔyadeε no bi a nne a woyε nie

- Wope se wo wo a, nipa ɔrehwε wo no bekyerekyere wo nnoɔma a ɔbetumi asi wɔwonyinsen no mu ansa na woaye wope sε wobewo anaa se wonyo.
- Sε wonnyem dada nso a εkwan pii wɔ hɔ awobetumi afa so abɔakwadaa no ho ban afiri yadeε no ho. Wεbetumi nso akyere wo nnuro a wobe nnom na wode abɔakwadaa no ho ban. Yεwɔnnuro nso wɔhɔ mankwadaa a yεdwen se wany yadeε no bi wɔnnynensen mu.
- Sε woawo dada nso ansa na yεrehu se woanya yadeε no bi anaa se woma akwadaa bi nnofoɔ a, εhia se yε yεhwε akwadaa no hwe se woanya yadeε no bi. Sε εba se akwadaa no anya yadeε no bi a, εwɔkwan a yεbefa so ahwe no yie. Woyaresafoo nonso betumi akyere wo nnuro a εwɔ hɔ mankwadaa saa.

*HIV = nnoɔma a εba wo mogya mu a εtumi ma wo AIDS

**Antibody = nnoɔma a εwɔwo mogya mu dada a εko yadeε. Yadeε biara dee ye soronko.

Yenka wo nhwehwε mu no asem nkyere nipa hunu biara

Yene wo apene so se nhwenhwε mu no ye yene wo ntam asem nti, se wopε se nnipa foforɔ bi hunu a, ewɔ se wotwere wɔ krataa so bere yen. New York mmra ema hoo kwan se yede nhwehwε mu no ema aban nwumayefoo bi a wɔyε nipa ho adwuma ama wɔnso atumi abɔ wɔn ho banyie. Saa nwumayefoo no bi ye ayaresafoo, wɔn a wɔboa mɔyede nkwardaa ma awofoɔ foforɔ, awofoɔ a ne wɔn a ðwe nkwardaa, wɔn a ɔyeadwuma wɔafiase, wɔn a wɔdeayarefoo to kaa mu kɔayaresabea, wɔn a wɔyeadwuma εbetumi ama woanya yadee yi bi ene akuo a εhwe saa nkordfoo a yeabɔ wɔn dinyi so. Se asemdifoonso nnam mmra kwan so bisa a, yetumi de nhwehwε mu no mma wɔn a *insurance* ne nipa εhwe aban ayaresasem so.

Adwumayefoo a ese se yeka kyere wɔn

Yehwe wo na se wowɔ HIV anaa se AIDS a yeka kyere aban ayaresabea no. Se mpo wokɔyε wɔbaabi a obi nnim na se wode wo din kaa ho efirise na wowɔ yadee no bi a, yede wo din mma aban yaresabea no. Yeka kyere wɔn se ɔbeyε a ɔbedi yadee no akyi de ape nnuro ne kwan ɔde besi ho kwan daakye bi.

Woreka kyere wo ahokafoɔ

Se wowɔ yadee no bi a, εhia se yene wo nyinaa ka kyere wo ahokafoɔ se nee εbeyε a wɔnom nso bεbɔ wɔn ho ban. Se woahokafoɔ noanya yadee no bi na se duh no ntem a εboa ma otumi hwε wɔnho yie. Se wohokafoɔ notaa hunahuna wo anaa se ntɔkwa taa ba mo nkyen nti wosuro se ɔbepira wo a, fre ha na obi bεboa wo :1-800-924-6906.

- New York mmra hye wo yaresafoo no so se ewɔ se wɔka kyere nipa a wone wɔnada ene nkurofɔ a wone wɔnakyε mpanie da se εbia wɔnnso anya bi nti ɔmɔ wɔn ho ban.
- Se wone wo yaresafoo nonni kwan a mobεfa so aka akyere wo ahokafoɔ nonso a, New York aban ayaresabea no bεtumi afre anaa se wape kwan ama woahokafoɔ noahunu abraa wɔmmɔwo din.
- Se εba se yehwehwε wo hokafoɔbi a, New York aban ayaresabea no befre wo asre wo mmoa.

Nsem kakra εbe wo ho ban ni

Se wopε se wo hu ekwan ahodoε yεfa so bε wo ho ban anaa se obi amfa mmra kwan so ansa na ɔde wo nhwehwε mu no ho nsem emma obi fofore a, fre saa nɔmaya i na obi bεboa wo; 1-800-962-5065. Yεgye ayaresabea no dwumayeni biara ɔbεfa kwan bɔne so aka wonhwehwε mu no ho asem akyere afosorɔ no \$5000 na afei nso yede no ato afie ase beyε afe baako. Se obi nso ka se wowɔ yadee no bi nti ɔmma wo baabi ntene anaa se ɔmma wo adwuma a, fre New York aban nkurofɔ bi wɔ 1-800-523-2437 na ɔmoa wo.

Manya muayε wɔ nsem a mewɔ wɔnhwehwε mu yi ho nyinaa. Mepene so se aban beyε me nhwehwε mu no.

Tim so wɔ ha (Signature): _____

enne ye da bɛn (Date): _____

Menam New York mmanmma ayaresa mmra so (Article 27-F) tuu nipa yi fo wɔnhwehwε mu yi ho. Mebuua nsem a ɔbisaa wɔnhwehwε mu yi ho nyinaa na memaa no nkrataa yi se ɔnoara ntim so.

Tim so wɔha (Signature): _____ Wodibea wɔ ha (Title): _____

Ayaresabea yi din de sen: _____